

LLAN-NON

Chat

Ymddiriedolaeth Little Princess

Mae Ymddiriedolaeth Little Princess yn darparu wigiau gwallt go iawn am ddim i blant a phobl ifanc hyd at 24 oed sydd, yn drist iawn, wedi colli eu gwallt oherwydd triniaeth ar gyfer cancr a chlefydau eraill.

Mae Jenny Neale, 9 oed, a Taya Jones, 10 oed, o Lan-non, yn ffrindiau bore oes, ers iddynt fod yn 6 mis oed. Penderfynon nhw dyfu eu gwallt ar gyfer Ymddiriedolaeth Little Princess ar ôl clywed am yr elusen. Fe dyfon nhw eu gwallt am 3 blynedd er mwyn codi arian. Mae pob wig yn costio tua £500 i'w wneud felly fe osodon nhw'r nod o £1000. Trefnodd Taya ddiwrnod gwisgo dillad eich hunan yn ei hysgol, Ysgol Myfenydd yn Llanrhystud. Mae Jenny yn mynd i Ysgol Gynradd Aberaeron.

Fe drefnodd y ddwy ohonynt noson bingo elusen a raffl yn y White Swan a fu'n llwyddiant ysgubol. Fe gyfrannodd Dylan Jones, y landlord, y llyfrau bingo ar gyfer y noson ac Ann Vaughan oedd yn galw. Aeth y merched eu hunain o gwmpas y busnesau lleol i ofyn am wobrau raffl. Cododd y noson gyfan tua £550+. Torrwyd gwallt y merched gan Kevin Kersley o Stiwdio Gwallt KJ yn Llan-non a wnaeth hyn, yn garedig iawn, am ddim ac a roddodd yn hael hefyd. Dylid crybwyll hefyd Aled Evans o Evans Auto Repairs, Pennant a roddodd rhodd hael i'w merched. Hoffem ni ddiolch i bawb a roddodd, noddodd ac a gefnogodd y merched. Rydym yn falch iawn ohonynt. Hyd yn hyn codwyd £1822.29c ac mae mw y ddol. Os hoffech chi nodi Jenny a Taya mae'r ddolen Just Giving yma:-

The Little Princess Trust

The Little Princess Trust provides real hair wigs free of charge to children and young adults up to the age of 24, who have sadly lost their own hair due to cancer treatment and other illnesses.

Jenny Neale aged 9 and Taya Jones aged 10 from Llannon have been best friends since 6 months old. They decided to grow their hair for the Little Princess Trust after hearing about the charity. They have been growing their hair for 3 years to donate. Each wig costs around £500 to make so they set their target at £1000. Taya organised an own clothes day at her school Ysgol Myfenydd in Llanrhystud. Jenny goes to Ysgol Gynradd Aberaeron. They both organised a charity bingo night and raffle at the White Swan, Llannon,

which was a huge success. Dylan Jones the landlord donated the bingo books for the night and Ann Vaughan was the caller. The girls approached local businesses themselves to ask for raffle prizes. The whole night raised around £550+. The girls had their hair cuts by Kevin Kersley of KJ's Hair Studio in Llannon, who very kindly did this for free and donated very generously. We would also like to mention Aled Evans of Evans Auto Repairs, Pennant who gave the girls a large donation. Also we would like to thank everyone who has donated, sponsored and supported the girls. We are

so proud of them. The total raised to date is £1822.29p with more to come. If anyone would like to sponsor Jenny and Taya the Just giving link is :-





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6 James Close, Llanon SY23 5HP,

**Neu gallwch anfon e-bost atom
(yn Gymraeg neu Saesneg)
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Beach Clean



Waw! Pawen lawen i bawb ddaeth i lanhau'r traeth yn Llan-non mis Medi - diolch am fod yn arwyr yr arfordir.

A big thumbs up to everyone who helped clean the beach at Llan-non in September.

Chalet, Sied, Caban, Cwt y Pysgotwr Chalet, Beach Hut, Fisherman's Hut, Shed

Beth bynnag yw'ch enw chi ar gyfer yr adeilad bach pren sydd ar ochr y clogwyn, mae bron â chwmpo mewn i'r môr! Mae'r darlun ohono gan artist lleol sydd ar y wal yn nhafarn y Swan yn dyst i hoffter y gymuned o'r cwt bach hwn ar lan y môr, ac mae'n perthyn i'r gymuned. Mae cynlluniau ar y gweill i greu fersiwn newydd o'r trysor bach hwn sydd yn gysgodfan mor ddefnyddiol wrth fynd am dro (gyda neu heb y ci) lle gellir eistedd yn glyd mas o'r gwynt a glaw ac edmygu'r olygfa. Y syniad yw y bydd y fersiwn newydd ar ben ffrâm metel a fydd yn gallu cael ei lusgo i ffwrdd o'r dibyn wrth i'r clogwyn barhau i erydu. Mae'r Cyngor Cymuned wedi neilltuo pot o arian a ddylai allu talu am y deunyddiau a ffi y gof ar gyfer creu'r ffrâm, ond mae angen eich help chi! Oes gennych chi sgiliau saer coed, neu a ydych chi'n giamstar efo brws paent? Rydym ni angen gwirfoddolwyr a fydd yn gallu adeiladu'r strwythur pren ar ben y ffrâm metel a helpu ei roi mewn lle nesaf i'r hen un, a fydd yn cael ei adael i gwmpo mewn i'r môr pan ddaw'r amser. A allwch chi helpu? A fydech chi'n fodlon rhoi o'ch sgiliau a'ch amser i'w achub? Heb wirfoddolwyr fydd y prosiect ddim yn cael ei offren. Os allwch chi helpu mewn unrhyw ffordd cysylltwch â clerc.lantsantffraed@btinternet.com neu un o'r tîm golygyddol (manylion ar y dudalen gefn).

Whatever you call the little wooden building on the edge of the cliff, it's about to fall into the sea! It's a well-loved landmark of the coastal walk, as the local artist's painting of it hanging on the wall in the Swan testifies, and it belongs to the community. Plans are afoot to create a new version of this little gem which is so useful for doggie walkers and strollers to sit in and admire the views while sheltering from the wind and the rain. The plan is to have the new version situated on a metal frame that can be dragged to safety inland as the cliff erodes away. The Community Council has set aside a pot of money that should cover the materials and the blacksmith's fee for creating the frame, but your help is needed! Have you got carpentry skills or are handy with a paint brush? We need volunteers who can build the wooden structure on top of the metal frame and help put it in place next to the old one, which we will allow to fall into the sea when the time comes. Can you help? Would you be willing to give of your skills and time to save it? Without volunteers the project won't get completed. If you can help in anyway please contact clerc.lantsantffraed@btinternet.com or one of the editorial team (details on back page).

Carnifal Llan-non 2018

Roedd y Carnifal eleni yn ddiwrnod i'r brenin. Dechreuodd yr hwyl gyda band Samba a gogo yn arwain y fflôts drwy'r pentref. Ymunwyd y Frenhines (Dilys) a'i morynion (Janet a Debbie) gan gwpl o ffermwyr ifanc. Fflôt 'Wizard of Oz' a enillodd y wobr £100 am y 'Fflôt Orau'. Da iawn chi Juliet Morgan a'r teulu. Rydym yn gobeithio bydd mwy o fusnesau, cymdeithasau a grŵpiau yn ymuno â ni gyda fwy o fflôts flyddyddyn nesaf.

Clwb Jiwdo Llan-non a'r clwb Boxercise oedd yn arwain y digwyddiadau yn y cae gydag arddangosfa gwych o'u gweithgareddau nw. Bu llawer o gefnogaeth i'r cystadlu gwisg ffansi gyda llawer o waith a dychymyg yn amlwg. Roedd y cystadlu ar gyfer y cacenni a'r celf o safon uchel hefyd. Roedd y brebygrys a'r paella yn flasus tu hwnt. Cacenni a brechdanau Sefydliad y Merched, yn fendigedig. Dwi'n tybio bu rhaid ailstocio'r bar nifer o weithiau. Roedd detholiad gwych o stondinau gydag arddangosfa ddiddorol unwaith eto gan y Gymdeithas Hanes. Roedd gemau'r clwb pêl-droed yn boblogaidd iawn. Yn anffodus, fe'n siomwyd gan rai weithgareddau a addawyd i ni ond na ddigwyddodd yn y diwedd ond rwy'n credu fe gafodd pawb amser da.

Hoffem ni ddiolch yr holl unigolion, teuluoedd, busnesau, cymdeithasau a grŵpiau a gefnogodd ni. P'un ai trwy brynu tocyn raffl, rhoi rhodd i'r raffl, trwy noddi neu rhoi rhodd ariannol, cynnal stondin, mynd i un o'r digwyddiadau, cystadlu, gwisgo lan neu cael amser gwych – diolch yn fawr. Rydyn ni'n arbennig o ddiolchgar i'r bobl a helpodd efo'r clirio ar y diwedd.

Mae gennym ni llawer o syniadau ar gyfer blwyddyn nesaf a rydyn ni'n croesawu awgrymiadau ond yn bennaf yr hyn rydyn ni angen yw mwy o aelodau i'r pwyllgor. Bydd ein cyfarfod nesaf ni yn y Swan am 8pm, 30 Tachwedd (dewch â chacen, mae'n benblwydd Dave)

Mae gennym ni gynlluniau ar gyfer raffl a mins peis am ddim i'r henoed cyn y 'Dolig, felly cadwch lygaid am ein posteri ni. Byddwn ni hefyd yn rhoi cyfraniad at Ysgol Llan-non a Chloncan Llan-non Chat.



Llanon Carnival 2018



The Carnival was a fantastic day. Samba a gogo got everyone in a carnival mood and led the floats through the village. The Queen (Dilys) and her attendants (Janet and Debbie) were joined by a couple of local farmers. The winner of the £100 prize for 'Best Float' went to the Wizard of Oz float. Well done Juliet Morgan and family. We are hoping that next year, more businesses, organisations and groups will join in with more floats.

Llanon Judo club and Boxercise club kick started the field events with impressive demonstrations of their activities. The fancy dress competitions were well supported with a lot of work and imagination. The cake and art competitions were of a very high standard. The burgers and paella were delicious. The WI cakes and sandwiches, amazing. I think the bar had to be restocked several times. There was a great selection of stalls and another interesting exhibition by the History Society. The football clubs' game was very popular. Unfortunately, we were let down last minute by some of the events we'd organised but I think everyone had a great time.

We would like to thank all the individuals, families, businesses, organisations and groups who supported us. Whether it was buying a raffle ticket, making a raffle donation, a cash donation/ sponsor, having a stall, attending one of the many events, entering the competitions, dressing up or having a lovely time. We were especially grateful to all the people who helped us clear up at the end.

We have lots of ideas for next year and would welcome suggestions but would mostly like new committee members. Our next meeting is at The White Swan 8pm 30th November (bring cake, it's Dave's birthday).

We are planning a senior citizens free mince pie and raffle event before Christmas, so look out for posters. We will also be donating to Llannon school and Cloncan Llan-non Chat.

Y Blwch Sglodion

'Sgod a sglods', dyma ystrydeb y siop sglodion ac mor aml fe'n siomir. Nid felly ym 'Mlwh Sglodion' Llan-non. Yma ceir penfras sawrus blasus, mae'r cyteu yn grimp ac yn euraidd, ac yn yr un modd mae'r sglodion wedi'u coginio yn berffaith.

Dave Taylor yw'r dyn sy'n gyfrifol am gymryd drosodd y busnes hwn oedd bron â mynd â'i ben iddo. Yn ystod y pum mlynedd diwethaf mae wedi bodi wrthi yn uwchraddio'r siop a'r gegin ac erbyn heddiw gellir ei gyfri fel busnes gwyth arall ymhlith busnesau eraill y pentref sydd yma yn barod.

Yn dod yn wreiddiol o Benbedw (dim syndod ei fod yn gefnogwr brwd o dîm pêl-droed Lerpwl), fe ddysgodd Dave ei sgiliau yn y diwydiant croeso wrth weithio am ugain mlynedd mewn nifer o dafarndai a gwestai yn Llanidloes a'r cylch, cyn iddo fachu ar y cyfle i ddod â'i sgiliau sylweddol i'r 'Blwch Sglodion' yn Llan-non.

Yr hyn sy'n gwneud y 'Blwch Sglodion' yn arbennig yw - fod Dave yn cadw llygad ar yr holl goginio, mae sicrhau bod safon y bwyd wastad yn uchel yn bwysig iddo, ac mae'n cefnogi'r economi leol drwy brynu ei gynnyrch o gyflenwyr lleol ac mae'n cyflogi pum person lleol. Ac yn wir, os nad ydych yn rhy hoff o bysgod a sglodion, rhowch gynnig ar y danteithion blasus eraill sydd gan Dave i'w cynnig, bwydydd o Dwrci neu Tseina neu beth am brofi ffowlyn wedi'i ffrio yn y dull Americanaidd?

A beth nesaf i Dave? Wel, heb orfod mynd yn rhy bell ar y ffordd i Lamed, bydd busnes nesaf Dave yn Felinfach yn y Brynog Arms sydd hefyd yn cynnwys siop pysgod a sglodion. Dyma newyddion da yn wir i drigolion Llamed.

Hoffai Dave fynegi ei ddiolch i drigolion Llan-non am gefnogi'r busnes a chyfrannu at lwyddiant y 'Blwch Sglodion'.



The Chip Box

Cod and chips is a chip shop cliché and so often disappointing. Not so at the 'Chip Box' in Llanon. Here the cod has great flavour, the batter crisp and golden, likewise the perfectly cooked chips.

Dave Taylor is the man responsible for taking on this run down business and over the last five years, upgrading the premises, adding an excellent addition to the established businesses in the village.

Hailing originally from Birkenhead (and no surprise an ardent Liverpool football supporter), Dave cut his hospi-

talidity and consumer teeth over the past twenty years in a number

of successful pubs and hotels in and around Llanidloes before seeing the opportunity to bring his considerable skills to the 'Chip Box' in Llanon.

What makes the 'Chip Box' stand out is that Dave oversees all the cooking, with a focus on quality and consistency, helping the local economy by sourcing his product from local suppliers and employing five local people. Indeed, if fish and chips is not to your liking, why not try Dave's alternative and equally delicious food from Turkey, China, or even a taste of American southern fried chicken?

What next for Dave? well if you travel not too far on the way to Lampeter, Dave's next future enterprise will be the Brynog Arms at Felinfach which also includes a fish and chip shop. Good news indeed for the locals of Lampeter.

Dave would like to express his thanks for the continued support from the people of Llanon that make the 'Chip Box' the success it is.

Ysgol Llannon

Dechreuodd blwyddyn ysgol arall gyda chroeso i Miss Nia Jones a Miss Ffion Harries, ein Cymorthyddion Addysgu newydd. Mae'r hydref yn adeg cynhaeaf ac fe welodd y plant ffrwyth eu gwaith yn yr ardd (mae'r moron yn werth eu gweld!) wrth i'r ysgol ddod yn ail yng nghystadlaeth Gardd Ysgol Tai Ceredigion. Mae nifer o ddisgyblion hŷn yr ysgol yn cyfrannu at weithgarwch yr ysgol drwy fod yn aelodau o Gyngor yr Ysgol, Dewiniaid Digidol, Criw Cymraeg neu yn Llysgenhadon Chwaraeon Efydd.

Amcan y Criw Cymraeg yw annog disgyblion i siarad fwy o Gymraeg yn iard yr ysgol ac ymfalchïo yn niwylant Cymru. Braf felly oedd cael derbynnu Gwobr Efydd Siartwr Iaith Ceredigion. Rhaid anelu at y wobwr Arian nesaf! Cyfle arall i ddathlu'r iaith oedd diwrnod Shwmae Su'mae (15 Hydref) ac eleni fe wrandawyd ar gerddoriaeth Gymraeg a chreodd y plant bosteri i annog eraill i ddechrau pob sgwrs yn Gymraeg gyda 'Shwmae!!'

Penderfynodd aelodau Cyngor yr Ysgol eu bod eisiau bod yn rhan o ymgyrch Macmillan. Bu'r plant yn brysur iawn yn gwneud cacennau yn yr ysgol ac adref. Daeth llawer o bobl i neuadd yr ysgol i brynu'r cacennau ac i chwarae gemau a chodwyd £88 ar gyfer yr elusen.

Daeth PC Ian i siarad â Dosbarth 1 am ei waith fel heddwes. Roedd y plant wrth eu bodd yn cael tro ar y gefelliau llaw. Siaradodd e hefyd gyda Dosbarth 2 am ddiogelwch ar-lein a sut i gadw'n SMART wrth fynd ar ffonau symudol, tabledi a chyfrifiaduron.

Rhian Jones o'r NSPCC a ddaeth i siarad am 'Cofia ddweud. Cadw'n ddiogel'. Dysgodd y plant pa mor bwysig ydy hi i ddweud os oes rhywbeth yn eu poeni.

I orffen, hoffem longyfarch Miss Jenna, Owen a Ffion ar enedigaeith Catrin Fflur. Estynnwn ein dymuniadau gorau i'r teulu bach.

Llannon School

A new school year and we welcome Miss Nia Jones and Miss Ffion Harries, our new Teaching Assistants. Autumn is harvest time and the children reaped the reward of their gardening efforts (the carrots are amazing!) as the school came second in Tai Ceredigion's competition for the Best School Garden. Many of the older pupils contribute to school activities by being members of the School Council, 'Dewiniaid Digidol' (Digital Wizards), Criw Cymraeg or by being Bronze Sports Ambassadors.

The aim of the Criw Cymraeg is to encourage pupils to speak more Welsh on the school yard and take pride in Welsh culture. As a result we won the Bronze Award of Ceredigion's Welsh Language Charter. We'll be aiming for the Silver award next! Another chance to celebrate the language was Shwmae Su'mae day (15 October) and this year we listened to Welsh music and the children created a poster to encourage people to begin every conversation in Welsh by saying 'Shwmae!!'.

The School Council members decided they wanted to be part of the Macmillan campaign. The children got busy making cakes in school and at home. Many people came to the school hall to buy the cakes and play games and £88 was raised for the charity.

PC Ian came to talk to Dosbarth 1 about his work as a policeman. The children had great fun trying out the handcuffs. He also spoke with Dosbarth 2 about on-line safety and how to keep SMART when using smartphones, tables and computers.

Rhian Jones from the NSPCC who came to speak about 'Cofia ddweud Cadw'n ddiogel' (Speak out Stay safe). The children learned how important it is to say if something is bothering them.

To finish, we'd like to congratulate Miss Jenna, Owen and Ffion on the birth of Catrin Fflur. Our best wishes to the family.

PWYLLGOR NEUADD PENTREF/CAE CHWARAE CYFARFOD BLYNYDDOL 27ain TACHWEDD, 7.30 y.h. YN Y NEUADD

Beth hoffech chi weld yn y Neuadd ac ar y Cae Chwarae?

Diddanu Ychwanegol?, Cyngherddau?, Dramau?, Ffilmiau?, Dawnsio Polyn?, Badminton?, Tennis Bwrdd? Criced? neu Bas Bel? yn y Cae Chwarae.

Dewch i'r Cyfarfod gyda'ch Syniadau, Gwnewch Argymhellion, Achwynwch, Ymunwch â'r Pwyllgor, Newidiwch bethau.

Mae'r Neuadd /Cae Chwarae yno, er eich lles chi, ond dewch i ddweud wrthom beth yw eich dymuniadau ac felly ein cynorthwyo i gyrraedd y nod, er budd yr holl bentref.

Dewch 'mlaen, rhowch gynnig arni!

VILLAGE HALL and PLAYING FIELD COMMITTEE ANNUAL GENERAL MEETING NOVEMBER 27TH AT 7.30P.M. IN THE HALL

What would you like to see in the Hall and on the Playing Field?

More Entertainment ?, Concerts?, Drama?, Films?, Pole Dancing?, Badminton?, Table Tennis ?, Cricket? or Baseball on the field.

Come to the Meeting and Make Your Suggestions, Complaint, Join the Committee, Change things.

The Hall and Playing Field are there for you but you have to come and tell us what you want and help to achieve it for the whole village.

Go on, give it a try!

CLWB CLONCAN CYMRAEG LLAN-NON

Mae gan y pentref a'r cylch griw o bobl sy'n gallu siarad peth Cymraeg ar ôl bod i ddsbarthiadau nos, neu wedi dysgu'r iaith yn yr ysgol - ond yn aml iawn dydyn ni ddim yn gwybod pwy ydyn nhw! Os ydych chi yn mwynhau siarad Cymraeg, a hffeoch chi helpu'r bobl hyn i 'groesi'r bont' i fod yn rhugl neu i ennill hyder wrth ymarfer yr ychydig sydd ganddynt? Amcan y Clwb Cloncan Cymraeg yw dod â siaradwyr Cymraeg rhugl a dysgwyr at ei gilydd i sgwrsio tu fas i'r ystafell ddsbarth mewn awyrgylch gartrefol anffurfiol. 'Sdim angen Cymraeg perffaith neu gallu egluro rheolau treiglo! Amynedd ac anogaeth sy' fwy' pwysig yn anad dim. Os ydych chi'n meddwl y gallech chi helpu sefydlu'r Clwb Cloncan dowch draw i'r Swan nos Fawrth 20fed o Dachwedd am 7.30. Os na allwch ddod neu am fwy o fanylion cysylltwch â Gwenno Piette – gwennopiette@gmail.com ffôn: 01974 202695. Os bydd diddordeb gallwn drafod ble a pha mor aml i gwrrdd.

Are you a Welsh learner? Perhaps you learnt Welsh in the past but are feeling a bit rusty? Perhaps you used to speak Welsh in school but got out of the habit and now don't feel confident to speak it anymore? Clwb Cloncan Cymraeg would like to provide you with the opportunity for you to practice what you know/knew with fluent Welsh speakers in a relaxed informal atmosphere. No grammar, no homework, just a chance to try out your Welsh with friendly patient Welsh speakers who want to see the language thrive. If you are interested and would like to help get this off the ground come along on Tuesday evening, 20th November, to the Swan at 7.30 or if you can't make it or want more details contact Gwenno Piette – gwennopiette@gmail.com tel: 01974 202695. If people are interested we can discuss how often and where to meet.

'A Letter From The Front'

cyflwynwyd gan Gymdeithas Hanes Llan-non / submitted by Llanon History Society

Dyma llythyr gan David Lewis Jenkins a ysgrifennwyd ychydig o fisoedd cyn iddo gael ei ladd yn y rhyfel. Mae'r llythyr i D.M. Jones, Carlton oedd yn forwr ar long HMS Cumberland, Belfast.

A letter from David Lewis Jenkins written a few months before he was killed in action to D. M. Jones, Carlton who was serving on HMS Cumberland, Belfast.

Cynhelir noson nesaf y Gymdeithas Hanes ar nos Lun 5ed o Dachwedd am 7.30pm. Y pwnc fydd 'Roseland' a'r siaradwraig fydd Mrs Irene Phillips.

The next History Society evening takes place on Monday 5th November at 7.30pm. The topic for the evening is 'Roseland' and the speaker is Mrs Irene Phillips.

France

7 – 6 – 7

My dear Dai

I was delighted to get your letter. I am glad you are well placed at Belfast. Nothing would please me better than to see you in permanent command of a boat.

I heard from home today. They said David Jones was home and was to have command of a hospital ship!! Most likely it is one of the barges that carry wounded down from here along the canal.

We are in a pretty hot shop out here. Talk about 'old iron', tons of it flying about your head. The shelling here is terrible like a continuous roar of thunder and in addition we get Hun aeroplanes bombing us every night for two or three hours. It is quite exciting still you.

Do you remember the Women's Army Corps that came on board our boat at Southampton? I got very pally indeed with one of them and took her out a great deal when I was at Rouen. She was a jolly decent girl but I expect she has forgotten all about me by now.

I have no news. There are no girls here. I enjoyed my leave at Llanon with you, quite like old times. I hope we shall have a good time together again.

Write and let me know where you get to from Belfast and I will let you know all about our stunt if I am alive.

Best luck old man

Heaps of luck

Ever your old friend

Dai

I got your letter from P'mouth
Hope you enjoyed your ??????

—oOo—

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ADDEWIDION CARNIFAL LLAN-NON

Yn ystod gweithgareddau'r carnifal yn yr haf gwnaeth nifer o bobl leol addewidion er mwyn dangos eu cefnogaeth i'r gymuned ac i annog mwyr o gymryd rhan yn y gymuned. Dyma'r addewidion isod

Mae cynllun gwaith ar y gweill i ddatblygu'r syniadau hyn

- Cymryd rhan yn sesiynau Arwyr yr Arfordir (glanhau'r traeth)
- Helpu gyda'r Carnifal
- Helpu Dosbarthu'r Cylchlythyr
- Ymweld â'r Henoed
- Handiman
- Torri glaswellt y cae pêl-droed
- Cyfieithu ar gyfer busnesau lleol (arwyddion, posteri, pamffledi, bwydlenni)
- Cefnogi siopau lleol
- Unrhyw beth 'does neb arall moyn gwneud!

LLANON CARNIVAL PLEDGES

As part of the activities held at the recent carnival, a number of local people made pledges to show their support for the community and to encourage further community participation. The pledges are set out below.

An action plan is being created to develop these ideas

- Take part in Beach Cleaning sessions
- Help at Carnival
- Help to Distribute Newsletter
- Visit Elderly
- Handyman
- Grass cutting on football field
- Translate for local businesses (signs, posters, pamphlets, menus)
- Support local shops
- Anything nobody else wants to do!

Nodiadau Cyngor Cymuned Llansantffraed Community Council Notes

Fe gofiwch fod Cyngor Sir Ceredigion wedi cynnal ymarferiad ymgynghori cyhoeddus yn ddiweddar mewn perthynas â'u briad i gyflwyno cyfyngiadau parcio ar Stryd y Bont a'r Stryd Fawr. Deëllir fod y Cyngor Sir wedi derrbyn nifer uchel o sylwadau a syniadau oddi wrth drigolion ac y mae penderfyniad y Cyngor Sir yn cael ei ddisgwyl.

Y mae'r Cyngor Cymuned wedi penderfynnu anfon sylwadau at yr awdurdodau perthnasol i fynnu bod awdurdodau ffyrdd lleol yn rhoi mwy o amser i bobl, yn ystod y cyfnod ymgynghori, i ystyried a thrafod y cynigion dan sylw ar gyfer eu hanfon ymlaen, oherwydd ei fod yn credu nad yw'r cyfnod presennol yn cynnig digon o amser na chyfle at y pwrpas hwn.

Y mae'r Cyngor Cymuned wedi codi gyda Chyngor Sir Ceredigion y posibilrwydd o ddarparu maes parcio ar gyfer trigolion ar ran o'r darn o dir sy'n ffinio gyda'r cyrtiau tenis ac y mae'r trafodaethau yn parhau.

Y mae'r tendr am ddarparu man chwarae amldefnydd ar un o'r cyrtiau tenis wedi'i dderbyn gan Gyngor Sir Ceredigion a Sutcliffe Play fydd yn gwneud y gwaith a fydd yn cychwyn yn fuan. Ariannir y cynllun gan Grant Ewropeaidd a chyfraniad o 20% o'r gost, sef £5,849 gan y Cyngor Cymuned Ceredigion.

Fe fu i'r Cyngor Cymuned gynnal sawl cymhorthfa hyd yn hyn lle y gall trigolion godi pryderon gyda Chynghorwyr. Bwriedir cynnal y cymhorthfa nesaf ar fore Sadwrn 26ain Tachwedd yn yr Ystafell Ddarllen yn Llanon.

Gosodir copiâu o Agenda a Chofnodion Cyfarfodydd Misol o'r Cyngor, ynghyd â rhybuddion cyffredinol a gwybodaeth y Cyngor ar yr hysbysfyrddau yn Llanon, Llansantffraed a Nebo.

You will all recall that Ceredigion County Council recently undertook a public consultation exercise with regard to their proposals for the introduction of parking restrictions along Bridge Street and High Street. It is understood that the County Council received a high number of views and comments from residents and the decision of the County Council is awaited.

The Community Council has resolved to make representations to the relevant authorities to require local highway authorities to give more time, during the consultation period, for people to consider and discuss the proposals prior to forwarding their comments, as it believes that the current period does not give sufficient time or opportunity for this purpose.

The Community Council has raised with Ceredigion County Council the possibility of providing a car park on a part of the land adjoining the tennis courts and the negotiations are continuing.

Ceredigion County Council has accepted a tender for the provision of a multi-use games area on one of the tennis courts and SutcliffePlay will be undertaking the work which will start shortly. The scheme is funded by way of an European Grant with the Community Council meeting 20% of the cost, namely £5,849.

The Community Council have now held a number of surgeries where residents can meet with Councillors to outline any concerns they may have. The next surgery is scheduled for Saturday morning 24th November at the Reading Room, Llanon.

Copies of the Agenda and Minutes of Council Monthly Meetings, together with general notices and information are placed on the noticeboards at Llanon, Llansantffraed and Nebo.

Shw mae – o Sefydliad y Merched Llan-non!

Falle bo chi wedi gweld tuswau bach o flodau o gwmpas y pentre' gyda nodyn bach yn gofyn i bwy bynnag sy'n ffeindio un i fynd ag e adre' 'da nw i'w fwynhau. Mae hyn i gyd yn rhan o'n nod ni i chwarae rhan mewn dod â'n cymuned at ei gilydd – rydyn ni'n gweithio'n galed ar ddatblygiad newydd ac yn gobeithio sôn amdano wrthoch chi yn y cylchlythyr nesaf.

Ar ddydd Gwener 28 Medi fe gynhalion ni Fore Coffi Macmillan yn yr Ystafell Ddarllen ac fe wnaethon ni £225 sydd wedi'i roi i Macmillan Cancer Support ac a fydd yn helpu nyrsys Macmillan a gefnogodd llynedd mwy na 650,000 o bobl wedi'u heffeithio gan cancr.

Hello – from Llanon WI!

You might have seen little bouquets of flowers placed around the village with a note asking the finder to take them home and enjoy them. This is all part of our aim to play a part in bringing our community together – we're working hard on an exciting new development which we hope to tell you about in the next newsletter.

On Friday 28th September we held a Macmillan Coffee Morning in the Reading Room and raised £225 which has been donated to Macmillan Cancer Support and will help Macmillan nurses, who last year, supported more than 650,000 people affected by cancer.

BETH SY'N MEITHRIN CYMUNED

Mae mwy na thraean o bobl Prydain yn teimlo nad ydynt yn perthyn i'r gymuned, yn ôl un arolwg – ond gallai pethau syml fel cymydog yn dweud 'helo' helpu pobl i deimlo'n nes at eraill yn eu cynefin. Dyma'r 10 peth gorau sy'n gallu cyfrannu at yr ymdeimlad o gymuned yn ôl yr arolwg*:

- Pobl yn dweud helo i'w gilydd
- Pobl yn glanhau ar ôl eu cŵn
- Diffyg sbwriel
- Gweithgareddau ar gyfer pobl ifanc
- Llefydd i gymdeithasu
- Cyfradd isel o droseddau
- Gwasanaethau lleol da
- Swyddi lleol
- Tafarn deche
- Cefnogaeth i fusnesau lleol

Beth sy'n gwneud i chi deimlo yn rhan o'r gymuned?

Gadewch i ni wybod be' chi'n ei feddwl (manylion cyswllt)

WHAT FEEDS COMMUNITY SPIRIT

More than a third of Britons feel they are not part of their community, a poll has suggested - but a simple 'hello' from a neighbour would help them feel closer to others in their area. These are the top 10 things that can improve community spirit according to the poll*:

- People saying hello to each other
- People cleaning up after their dog
- Lack of litter
- Activities for young people
- Places to socialise
- Low crime rates
- Good local services
- Local jobs
- A decent pub
- Support for local businesses

What makes you feel part of the community?

Let us know what you think (contact details)

*(The Independent, 27.7.18)

Sioe Nadolig yr Ysgol

Bydd Ysgol Llannon yn perfformio Sioe y Nadolig ar nos Iau 13 Rhagfyr am 6.30pm yn neuadd y pentref.

Dewch draw i gefnogi'r ysgol a'r plant ar gyfer noson i'w chofio!

School Christmas Show

Ysgol Llannon will be performing their Christmas Show on Thursday 13th December 6.30pm in the village hall.

Come along and support the school and the children for what is usually a night to remember!

BE' SY'N DIGWYDD YN LLAN-NON?

Dyma rai o'r gweithgareddau sy'n digwydd yn ein cymuned. Gadewch i ni wybod os hoffech chi gynnwys eich gweithgaredd chi ar y rhestr hon (manylion cyswllt).

- Arwyr yr Arfordir (Digwyddiad glanhau'r traeth). Trefnir rhain trwy gydol y flwyddyn. Y digwyddiad nesaf: Dydd Sadwrn 24 Tachwedd @3yp.
- Grŵp Gweithredol Gwirfoddolwyr y Chalet. Mwy am hyn cyn bo hir.
- Nosweithiau Bingo - bob yn ail nos Wener yn Neuadd y Pentref, dewch am 7pm i ddechrau am 7.30pm. Gweler yr hysbysfyrddau am ddyddiadau.
- Bowls – Bowls hanner mat yn Neuadd y Pentref, bob nos Fawrth 7-9.30pm. Croeso i bawb.
- Boxercise – Mae hyn yn newydd ac yn lot o hwyl. Yn Neuadd y Pentref, nos Fercher 6-7pm a dydd Sul 10-11am. Ymarfer i bob rhan o'r corff, gydag Edwina - £4.50 am sesiwn un awr.
- Y Carnifal - dydd Sadwrn cyntaf mis Awst. Mae croeso cynnes i unrhywun a hoffai ein helpu ni mewn unrhyw ffordd gyda'r carnifal.
- Clwb Coffi - yn cwrrdd dydd Iau cyntaf bob mis yn Ffestri Capel Seiloh, 10.30-11.45am. Dewch draw am goffi ac i gwrrdd â ffrindiau newydd.
- Clwb Cloncan Cymraeg – cyfarfod cyntaf nos Fawrth 20 Tachwedd, 7.30pm yn y Swan (manylion yn y rhifyn hwn)
- Cymhorthfa Cyngor Cymuned – bob yn ail fis ar fore Sadwrn o 10.00am – 12.00pm yn yr Ystafell Ddarllen. Bydd yr un nesaf ddydd Sadwrn 24 Tachwedd. Galwch heibio am banded a sgwrs gyda dau o'ch Cyngorwyr Cymuned chi.
- Dartiau – mae gennym ddau dîm dartiau. Mae'r Teirw Gwynion yn chwarae ar nos Fawrth yn y Swan. Beth am ddod draw i wylïo gêm?
- Dosbarthiadau Ymarfer Corff i'r rhai sydd dros 60 oed ac i'r anabl – yn Ffestri Seiloh bob prynhawn Mawrth 2-4pm
- Pêl-droed, gemau cartref ar y cae nesaf at y parc:- [Cynghrair Cambrian Tyres - Adran 2](#) 24/11/18 @2pm: Llan-non v Aberdyfi
- Clwb Brecwast Dydd Mawrth, Hafan Yr Efail
- Y Gymdeithas Hanes – yn cwrrdd bob nos Lun cyntaf y mis yn yr Ystafell Ddarllen am 7.30pm (pan fo hyn ar Wyl y Banc, byddwn yn cwrrdd ar y dydd Llun canlynol)
- Jiwdo – mae'r clwb yn hyfforddi ar nos Lun a nos Iau yn Neuadd y Pentref : 6.00-6.45 Plant / 7.00-8.30pm Oedolion
- Merched y Wawr – yn cwrrdd yn Ffestri Seiloh bob ail nos Iau y mis am 7.30pm
- Adloniant yn y White Swan
Gŵyl San Steffan - Ryan Simpson
- Sefydliad y Merched – yn cwrrdd dydd Mercher cyntaf a thrydydd dydd Mercher y mis am 7.30-9.00pm yn yr Ystafell Ddarllen. (Cynhelir cyfarfodydd mis Ionawr a Chwefror am 2.30pm)

WHAT'S ON IN LLANON?

Here are some of the activities taking place in our community. Let us know if you would like to include your activity on this list (contact details)

- Beach Cleaning events. Organised throughout the year. Next clean-up Saturday 24th November @3pm.
- Beach Hut Volunteer Working Group. More about this soon.
- Bingo Evenings - on a Friday night in the Village Hall every fortnight, 7pm for 7.30pm start. See notice boards for dates.
- Bowls - Half-mat bowls played in the Village Hall, every Tuesday 7-9.30pm. Come along for a friendly evening.
- Boxercise - It's new and it's lots of fun. Held in the Village Hall, Wednesdays from 6-7pm and Sundays from 10-11am. Full body workout with Edwina - £4.50 for a one hour session.
- Carnival - held on the first Saturday in August. A warm welcome to anyone who would like to help in any way with the carnival.
- Coffee club - meets on the first Thursday of the month in Siloh Chapel Vestry, 10.30-11.45am. Come along for a coffee and meet new friends
- Clwb Cloncan Cymraeg – first meeting Tuesday 20th November, 7.30 in Swan (details in this issue)
- Community Council Surgeries - held bi-monthly on Saturday mornings from 10.00am-12 noon in the Reading Room. Next surgery Saturday 24th November. Pop in for a coffee and chat with two of your Community Councillors
- Darts - there are two darts teams. The White Bulls play on Tuesday nights in The Swan. Why not drop in and watch a game?
- Exercise classes for over 60s and disabled people - held in Siloh Vestry every Tuesday afternoon from 2-4pm
- Football, home matches on the pitch by the playground:
[Cambrian Tyres League - League 2](#) 24/11/18 @2pm: Llan-non v Aberdyfi
- Tuesday breakfast Club, Hafan Yr Efail
- History Society - meets first Monday of the month in the Reading Room at 7.30pm (when this falls on a Bank Holiday, the meeting will be held on the following Monday)
- Judo - the club trains on Monday and Thursday nights in the Village Hall: 6.30-6.45 Kids / 7.00-8.30pm Adults
- Merched y Wawr - meets in the Siloh Vestry every second Thursday of the month at 7.30pm
- White Swan entertainment
Boxing Day - Ryan Simpson
- Womens' Institute - meets on the first and third Wednesdays of the month from 7.30-9.00pm in the Reading Rooms. (January and February meetings are held at 2.30pm)



W H I T E S W A N

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