



14eg o Chwefror yw Dydd Sant Ffolant wrth gwrs. Y diwrnod mae cariadon neu darpar cariadon neu pobl sy'n gobeithio cael cariad yn rhoi rhoddion i'r rhai maent yn ei caru (neu yn gobeithio caru)

Mae'r rhoddion yn amrywio o cardiau, blodau, siocledi, pryd o fwyd neu hyd yn oed cynnig o briodas!

Ond o ble daw gwreiddiau Dydd Sant Ffolant?

Yn ôl pob sôn enwyd y diwrnod ar ôl Ffolant oedd yn sant Cristnogol. Roedd yr Ymeradwr Rhufeinig Clawdiws II angen milwyr ond roedd yn amau bod priodas yn gwneud i ddynion eisiau aros adre gyda'i gwraeged, yn hytrach na mynd i ffwrdd i ymladd. Felly fe wnaeth priodas yn anghyfreithlon. Roedd yna offeiriad caredig o'r enw Ffolant a oedd yn teimlo dros y cariadon oedd eisiau priodi. Felly fe ddechreuodd briodi y cyplau yn gyfrinachol. Pan darganfyddodd yr Ymeradwr yr hyn oedd yn digwydd fe gondemniwyd Ffolant i farwolaeth. Tra roedd yn aros yn y carchar am ddydd ei farwolaeth, dangosodd Ffolant cariad a thosturi i bawb o'i cwmpas gan gynnwys ei carcharor. Roedd gan y carcharor ferch dall ond trwy gweddïau Ffolant cafodd ei golwg yn nôl. Jyst cyn ei farwolaeth yn Rhufain ar y 14eg o Chwefror, ysgrifennodd Ffolant neges o ffarwel i'r ferch gan arwyddo ar y gwaelod 'o dy Ffolant.'

Mae'n stori dda pu'n ai bod e'n wir neu beidio. Ond mae dal yn ffaith fod cariadon am rhyw rheswm yn rhannu rhoddion ar y diwrnod yma.

Cawn ein atgoffa hefyd ar y diwrnod yma am rhodd Duw o gariad at y byd. Dyna'r rhodd o'i Fab, Iesu. Mae yna adnod yn y Beibl sy'n dweud hyn,

*'do carodd Duw y byd gymaint nes iddo roi ei unig Fab, er mwyn i bob un sy'n credo ynddo ef beidio a mynd i ddistryw ond cael bywyd tragwyddol'.*

Ambell waith mae rhywun yn anfon carden Ffolant i berson nad yw'n gariad neu partner iddo. Yn achos rhodd Duw i'r byd – fe'i anfonwyd i fydd nad oedd yn ei garu.

Ond rhoddir ei rhodd er mwyn i bawb dderbyn bywyd tragwyddol, wrth adnewyddu ei perthynas gyda Duw.

Y cwestiwn i'w gofyn yw a ydych chi wedi derbyn rhodd Duw o gariad i'r byd, rhodd Duw o'r Iesu?

2.

14th February is of course Valentine's day. It is the day when couples or prospective couples or hopeful people give gifts to those they love (or wish to love!).

These gifts range from cards, flowers, chocolates, a meal or maybe even a marriage proposal!



But where does the idea of Valentine's day come from?

It is named after a Christian Saint called Valentine. It is said that he Roman Emperor Claudius II needed soldiers. He suspected that marriage made men want to stay at home with their wives, instead of fighting wars, so he outlawed marriage. There was a kind-hearted young priest named Valentine who felt sorry for all the couples who wanted to marry, but couldn't. So secretly he married as many couples as he could – until the Emperor found out and condemned him to death. While he was in prison awaiting execution, Valentine showed love and compassion to everyone around him, including his jailer. The jailer had a young daughter who was blind, but through Valentine's prayers, she was healed. Just before his death in Rome on 14 February, he wrote her a farewell message signed 'From your Valentine.'

It's a good story, whether it is true or not! But the fact that remains that for some reason on this day gifts are given to those who people love or wish to love.

This day is also a reminder of God's love gift to the world. That was the gift of his Son, Jesus. There is a verse in the Bible that says this,

*'for so God loved the world that he gave his only son, that whoever believes in him should not perish, but have eternal life'.*

Sometimes people send a valentine card to someone who isn't necessarily already their partner or lover. In the case of God's gift to the world, it was sent to a world that didn't love him at all.

But his gift is given so that all people may receive eternal life, that is a restored relationship with God forever.

The question is, have you accepted God's love gift to the world, of Jesus?



3